

## PROVIDING A HOME SNACK FOR A BIRTHDAY OR OTHER SPECIAL OCCASION

*Dear Parent,*

*If you are planning to send in a special snack to celebrate your child's upcoming birthday, please note the following guidelines (you may also refer to your Parent Handbook on p. 22 as long as you have the revised peel & stick label peanut free information handed out at the Parent Orientation meeting):*

- 1. Be sure to let your child's teacher know in writing about 3-5 days ahead!*
- 2. Please choose a **nutritional** snack. Keep in mind our **peanut-free** restrictions! No bakery or store bakery items will be accepted! Snacks must be a packaged store product that specifies it is safe and peanut-free.*
- 3. No party favors (hats, blowers, balloons, etc.) or candy will be accepted.*
- 4. Consider a non-edible treat such as pencils, stickers, etc. - - or donate a book in your child's honor to his/her class library.*
- 5. Food snacks should arrive at preschool by 8 a.m. and not later than 8:30 a.m.*

There are \_\_\_ children and \_\_\_ adults in our class.

**Please return the bottom of this form if you are planning to bring in a special snack or treat:**

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I will bring \_\_\_ 1) an acceptable snack, or \_\_\_ 2) a non-edible treat (see #4 above) on \_\_\_\_\_ to help my child, \_\_\_\_\_ celebrate his/her birthday or special occasion. I understand and will abide by the school policies and snack guidelines above.

Signed, \_\_\_\_\_ Date: \_\_\_\_\_

**Here are some possible birthday treat suggestions to consider:**

Jello cups or jello fruit cups (optional: with Cool Whip or Redi-Whip topping)  
Yogurt, Gogurt, etc.  
Raisins - - the small individual size packs  
Flavored fruit snacks - - but check label to make sure it is a safe and peanut free variety  
Pudding Cups (if labeled as peanut free)  
Ice Cream Cups (individual and labeled as nut free)  
Fresh fruits – for example, watermelon cut up in small pieces or wedges would be something we wouldn't serve frequently at school and would be a treat  
Twinkies, Rice Krispy Treats (plain store-bought)  
Goldfish crackers  
Store packaged (not bakery) little donuts or donut holes if labeled as safe & nut free  
A specialty sandwich cookie that we don't normally serve (like Keebler Elves)